

# Lindores Litanies 19<sup>th</sup> August 2021

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*The Newsletter of  
Lindores Parish Churches of  
Newburgh and Abdie & Dunbog*



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## Al fresco fun



July 18<sup>th</sup> was a gloriously sunny Sunday and Crazy Church had a Big Picnic in the grounds of Abdie & Dunbog church. Children of all ages danced, played games and did a scavenger hunt. Rev Susan Thorburn, our local mission development worker, was there to help.

We listened to the story of Jesus sharing some bread and fish at an even bigger picnic where 5000 were fed. This inspired one 3 year old to share the box of chocolates he won for finding the longest leaf. Our next Crazy Church is on Saturday 11<sup>th</sup> September, 3pm at Newburgh.



The sun also shone for afternoon tea at Lindores House Open Gardens on July 25<sup>th</sup>. Our congregations rose to the great baking challenge and Jill Hayward's dedicated team provided a first class waitress service and cake stall. Their efforts raised £204 for church funds.

## Introducing JUNIPER

We are excitedly putting the finishing touches in place ahead of throwing our door open and welcoming you in from THURSDAY 19TH AUGUST.



We're a group of like-minded women who felt the need for a local shop that stocked wares that could help us all live a bit more sustainably. We all wanted to reduce our waste and find items that were made with fair pay and in an environmentally friendly way. Good vegan options were on the wish list as well, as these can often be difficult to find locally.

Of course, it was therefore only natural that we'd open a business together!

It has been a while in the making but we've chosen carefully, filling the space with a large array of products we use every day, as well as those that are a bit special!

We're delighted to be partnered with another local small business [smellytreesofscotland](#) selling Smelly Trees unique and beautiful unisex fragrance made from sustainably sourced conifer tree oils, naturally derived alcohol and pure Scottish distilled water. Anyone who goes out for long walks in the forest will attest to the incredible healing properties of the organic compounds emitted in essential oils in the forest air. These magical aromas from trees can help to boost our mood, rebalance the nervous system, reduce stress or anxiety, rewild our senses and remind us of our connection with nature whilst making you and your home smell incredible!



Showcased here are other local makers such as Alt Drift and Bodylushious, together with ethically sourced gifts, cards and other lovely smellies!

In a bid to drastically reduce plastic waste, we've dedicated a section of the shop to our liquid refills. Here we have large containers of Shampoos, Conditioners, Body Washes and various household cleaning products from which we can refill any clean container you wish to reuse. We also have a lovely range of ordinary and extra-ordinary soaps and hair care bars. Alongside these we'll be selling plastic free cleaning accessories, from dish brushes to toothbrushes.

Not only that, but we'll also be serving delicious tea, coffee, hot chocolate and treats, there might even be a few vegan friendly options in there! You can take away, ideally in reusable cup, or to sit in our cosy nook and watch the world go by.



So why not come by and explore our wee ethical emporium, we look forward to seeing you there.

*Hannah Gell*

## **Newburgh Glebe** ...as discovered by Kirsty McLellan

As an incomer to Newburgh I have enjoyed so much of what it has to offer. It feels to me like a community should feel; local characters with tales to tell and an ingrained knowledge of what's what and where's where. So many details that have unfolded before me over the last six years; they weren't being kept secret, it's just that they have always been there and to the Newburgh residents born and bred it isn't news and hardly even thought about.

The latest detail to unfold is the glebe; I'd been told it was there but nothing much was made of it. The ground had been let for grazing sheep until recently when the fences could no longer contain them. The situation then became a potential problem, what to do with the ground?

The idea of community use, perhaps woodland, was mooted and a small group of local residents set to over a couple of Saturdays to do a bit of exploratory work. I was asked to go as first aider and man the reception station for any interested parties that came along. Others measured trees for the *Our Trees* survey, returning over 400 results.



Some preparatory clearing work had been done the day before (by Jim, Paul, Bob & Valerie) to make access easier which must have been quite a task.

What a delight! The Glebe!



I went for a short walk to the highest point and was absolutely blown away with the views and the feeling of space all around. A place where your spirit can soar, a place that shows us what a beautiful world we have been given and there it is spread before us.

A few people came and joined in what was happening and were given a tour of the area. The ideas of what could be done ranged literally from A-Z; archery to zip slides, one youngster drew a plan of what he would like to see, two beekeepers' eyes lit up, dog training, insect bungalows... the list is long.

Then of course it was down to the serious business of the day; our picnic. We had all gone armed with our lunch and sat in the sun or shade as was our want and enjoyed the company and the banter; some just wanted to sleep!

So thank you Newburgh, once again, for unfolding one more joy; I can't help but wonder what more may be in store.



## Contemplative Corner, Newburgh Church

During our long lockdown period Valerie has been keeping many of our church group activities going online. Zoom wasn't for everybody, (including myself!) but some weeks I just needed that "fix" of focused conversation with others, and it was always good to see people looking hale and hearty that you hadn't laid eyes on in real life for weeks, or even months.

Some Fridays I logged into the 10am Morning Thoughts session, which in normal times is held in the Vestry at Newburgh Church. During Lent this group engaged in a six week block of very thought provoking ideas, readings, questions and prayers. We were talking about how each of us was finding peace during the lockdown period. Many of us found it in our gardens, sitting quietly, looking at nature and marveling as the spring flowers appeared. One member, however, explained how she was finding it hard to do this as she lived in a flat with no outside space. Someone suggested she sit on her doorstep, but as this is in a dark stairwell, that was a no-go.



As an aside, this particular stairwell is a special place for me... when my husband to be brought me to Newburgh to meet his parents, Margaret, his mum met me in the front doorway and gave me a massive hug. She couldn't have welcomed me into the family in a better way!

The next suggestion was to sit in the park, but in Newburgh you can't be private in the park, people (and their dogs) are too friendly and chatty! Then someone said "what about the church-yard?" But this was also felt to be too public. So I had an idea to build a private seat

in the back garden of Newburgh church garden. I drew up a plan, measured out the ground, chose some plants, persuaded my husband to be the builder and got permission from the church gardeners and from the Session. It was great to have a project and it is now finished. I sat there myself yesterday and it is already quite private once you are sitting down, and it is weatherproof and faces the sun most of the day.

Thank you to Valerie for the stone slabs, Jim Pentley for quite a lot of wood, Scott for refurbishing the bench and Jane Turcan for donating it. Thank you also to all of you who donated money for the plants and the tree, and to the Session for their monetary allowance. And most of all to Gordon, my husband, for building the arbour and making it look so good.

I hope and pray that this seat will be a quiet, private place for anyone and everyone to use whenever they like, and that sitting there will re-connect them to nature and to our Creator and give them God's Peace in their hearts and in their daily lives.

***Clare Doig.***

## Goodbye Grace



Grace Hicks' sudden and unexpected death was a huge shock to us all last Sunday. We will remember her for many things but particularly for her humour, generosity and courage. Grace could tackle most situations with sensible advice and a smile. She also had a rare gift for inspiring others. Grace helped several youngsters become world famous dancers during her long career: Her skill in teaching tap dancing & ballet to older members of our community was also legendary.

Her funeral will take place at Abdie Church on Saturday September 4<sup>th</sup> at 12 noon with a burial in Andover a few days later.

### **HELP needed for Church Coffee Morning at Tayside Institute (TICC) Saturday 2<sup>nd</sup> October.**

Volunteers needed to bake, gather prizes, serve coffee, run stalls, fold raffle tickets, etc. Please contact Margaret Stark if you can help in any way: Tel 01337 841180 or email [msgstark@hotmail.com](mailto:msgstark@hotmail.com),

### **Church service dates**

Sunday 22<sup>nd</sup> August – Joint service with URC led by Linda Rice, Newburgh 10.30am

Sunday 29<sup>th</sup> August – Led by Sarah Whittle, Abdie & Dunbog 10.30am

Sunday 5<sup>th</sup> September – Newburgh 10.30am

Thursday 9<sup>th</sup> September – Celtic Communion, Abdie & Dunbog 10.30am \*

Sunday 12<sup>th</sup> September – Abdie & Dunbog 10.30am

Sunday 19<sup>th</sup> September – Joint service with URC, Newburgh 10.30am

Sunday 26<sup>th</sup> September – Abdie & Dunbog 10.30am

\*Please let Valerie know if you would like to attend the Celtic Communion service; phone 01337 842799, mobile 07720 327766, [revalerian@gmail.com](mailto:revalerian@gmail.com)

Photos or comments for our website [lindoresparish.com](http://lindoresparish.com) are always welcome; please email them to Valerie.